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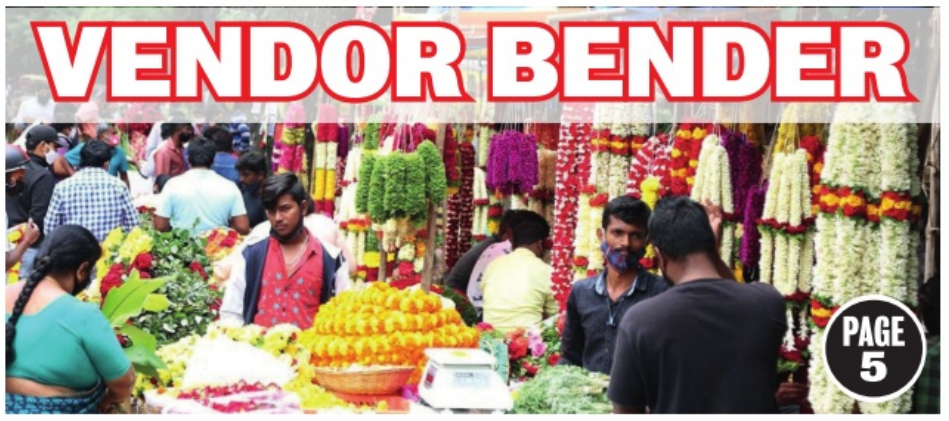
# Bangalore Mirror

TEMP Max 33 | Min 22 | Humidity 74% Light thunderstorms and rain Sensex 57,166 | Nifty 17,173 | Gold 53,562 | Silver 70,493 | Dollar 76.25 | Euro 83.01 | GBP 99.35



## In ensuing rain chaos, P&T Layout faces frequent flooding; residents lose footing in overflowing drainage and gasp for breath in emanating stench

# DRAINWRECK

## 'Water/sewage overflowing into 2,000-odd houses'

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The ongoing summer showers have wrecked the lives of residents of P&T Layout. The water from drainage lines in the area is overflowing into the layout and often flooding the neighbourhood. While the same problem has been recurrent for years, nothing has been done to resolve it, the residents in the area alleged.

For over six months, the manholes have been overflowing and the residents have no choice other than to quietly suffer. The problem is the layout falls under the ambits of ward numbers 26 and 56; hence nobody seems to take the responsibility of fixing it, the citizens in the area said.

The residents have lodged complaints on the Namma Bengaluru app; the complaints have not been resolved, they said. "We have lodged more than 20 complaints but the problem has not been resolved yet. For the past six months the drain has been overflowing and creating an absolute menace. It is getting quite difficult for us as the stench is insufferable," said Girish Shenoy, a resident.

In a locality adjacent to P&T Layout, along the TC Palya Main Road near Ananthpura, the main sewage pipeline was damaged by electrical workers during

CONTINUED ON PAGE 6 »

Citizens negotiating debris from a stormwater drain which entered homes in Banashankari on Thursday. (Inset) Sewage leaking into a neighbourhood in P&T Layout

**"People have to walk through sewage. Three to four manholes are overflowing. Water is gushing out like a fountain.**

— Girish Shenoy, resident

# Vulture Culture

## Breeding centre almost ready at BNP as part of Action Plan for Vulture Conservation

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The forest department's vulture breeding centre at Bannerghatta National Park (BNP) is finally taking shape. According to the officials, the centre with two aviaries will be up and functional within a month. The project was announced in 2020 and has been in the works since then.

Owing to the dwindling population of various vulture species, the Indian government, in 2020, released the Action Plan for Vulture Conservation in India 2020-2025. The plan recommended the setting up of vulture hubs in each state in the country, including Karnataka. The centre at BNP is an outcome of the action plan.

"The breeding centre is being created under the central government's action plan. It will have two aviaries and they are in the final stages of completion. The work started in September 2021 and will be completed within a month from now. We are working on a fast-track mode," said Prabhakar Priyadarshi, deputy conservator of forests, BNP.

CONTINUED ON PAGE 6 »

## 3 THINGS TO DO

### 01 Night Market

SteppinOut brings yet another unique themed event -- the retro edit of their popular Night Market. From pop-ups to collectibles and a wide variety of action figures to pick from, these items will make for perfect gifts. Indulge in a delicious variety of food ranging from perfectly seasoned gravies to biryanis and starters with vegan and vegetarian options. Take your fur babies along for a fun time.

**Where: Jayamahal Palace Hotel**
**When: April 23, 12 pm – 10 pm**
**Register: dineout.co.in**

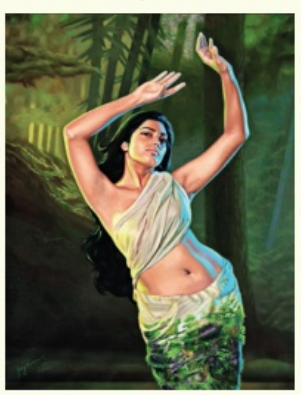
### 02 Tune in!

Catch Agam perform live at Forum Koramangala Mall. Agam is a Bengaluru-based contemporary Carnatic progressive rock band formed in the year 2003. The current lineup consists of Harish Sivaramakrishnan (vocals), Swamy Seetharaman (keyboards and lyricist), T Praveen Kumar (lead guitar), Aditya Kasyap (bass guitar and backing vocals), Sivakumar Nagarajan (ethnic percussions), Jagadish Natarajan (rhythm guitar) and Yadhunandan (drummer).

**Where: Forum Koramangala Mall**
**When: April 23, 6:30 pm**
**Register: insider.in**

### 03 Women in art

Check out 'The Primacy of 5' the first ever solo show of Bengaluru-based artist Jay Varma, a fifth generation descendent of Raja Ravi Varma. Comprising some of Jay's earliest works, the show will feature 13 paintings done in a variety of mediums, ranging from color pencil work to graphite (how the artist started his career) and ending with oil paintings. In this series, Jay Varma brings to the fore five women from the Ramayana and Mahabharata.



**Where: Gallery G, Lavelle Road**
**When: April 17 – 30**

# A smooth commute to work

## E-trolley buses to be rolled out in Electronics City soon; buses will ferry Bengalureans from Metro stations to offices and back

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PICTURE FOR REPRESENTATION ONLY

The Metro's Yellow Line is being constructed and will connect RV Road to Bommasandra

Ask any Bengalurean what is the biggest hassle in commuting from the Metro station to office, and the answer will be unanimous: the last mile connectivity from Metro to office. But, that problem may soon be a thing of the past as there is a proposal to bridge this last mile gap.

Soon, e-trolley buses will ferry techies heading to their offices from the upcoming Metro stations in Electronics City. These e-trolley buses are planned to be named Tech Halli Express.

Speaking to Bangalore Mirror, an official from the Electronics City Industrial Township Authority (ELCITA) said currently, the Yellow Line Metro work was on to connect Electronics City to the rest of the Metro map. While there will be two Metro stations: Electronics City One and Two, the major problem that haunts commuters is travelling to office from the stations.

"To cater to this, we have planned an e-trolley bus named Tech Halli Express. These will be in sync with the frequency of the Metro trains. We may have around 10 stations connecting most tech companies located in the Electronics City area.

"So, the commuters can easily hop on to the bus from the trains and then head to their respective offices and vice versa," said an official.

According to him, currently, this proposal is in the conceptual phase and the detailed project report may take around six months' time.

The plan is to make these e-trolley buses modelled on Metro Neo.

### Tech Halli, a BM brainchild

Bangalore Mirror was the first to launch Tech Halli series in Namma Bengaluru. This flagship event of Bangalore Mirror was focussed on highlighting the plight of the city's tech corridors and techies' problems. The then Deputy Chief Minister Dr CN Ashwath Narayan had inaugurated the first BM Tech Halli event at Electronics City on September 26, 2019.

### State of the art Metro projects

With the Centre planning different types of metro rail projects to make travelling simpler for the common man without burdening the environment, a number of Metro railway projects are in the offing.

Metro Lite – a light urban rail transit system -- will be introduced in those cities where rider numbers are less. The Metro Lite project would be constructed at 40 per cent of the cost of a normal metro, with each train having three coaches and a restricted speed of 25 kmph.

Project Metro Neo is also being developed in tier 2 cities and towns. It is cheaper than Metro Lite, and would be built at the cost of 25 per cent of the conventional Metro railways. Drawing traction power from overhead wires, Metro Neo will not run on track but on road. Similarly, water metro is being developed in cities where there are large water bodies, and can provide last-mile connectivity to the people near the islands.

Both Metro Lite and Metro Neo are the low-cost mobility solutions with reduced system requirements and same experience, ease of travel in terms of comfort, convenience, affordability, safety, punctuality, reliability and environment-friendliness just like conventional metro rail systems.

The lower capital cost of these new transit modes is due to light civil structure, lesser axle load, smaller stations, low power-rated electrical equipment, low operation and maintenance cost etc.

These systems can also be used as feeder systems to conventional metro rail, according to the Press Information Bureau.

# Event planners can finally take it easy!

### Online portal to allow a seamless, hassle-free process of obtaining permissions for events

If you're an event manager in India, you will be acutely aware of the many nightmares associated with getting permissions and licenses for organising an event. Bengaluru – a city which boasts of having an eclectic mix of events – is no stranger to this problem, and getting authorization for an event is often a never-ending process, with running back and forth between countless departments and government bodies.

Panellists at an EEMA session discuss the project

However, that problem may soon be a thing of the past. The Event and Entertainment Management Association (EEMA) -- the apex body for the event industry in India, is working on an online portal which will allow a hassle-free process of obtaining permissions before an event, with the click of a mouse.

The project – given a thumbs up by the Information and Broadcasting Ministry -- will be launched in six states.

Not only this, but a Wedding Council will also be launched, said Roshan Abbas, President, EEMA. Weddings generated the maximum revenue during a pandemic-ravaged two years, and the council will collaboratively work towards building better relationships between global stakeholders, departments, licensing authorities and other relevant bodies in the industry and help in solving major problems for this major chunk of the sector. "Not just this, we also launched the EEMAGIC app (eemagic.org) especially curated for wedding planners with a two-way review system."

Hopefully, with this project, Bengaluru's event planners can rest easy. **-BMB**

# The double engine scoop

## Red Sand Boa is being illegally farmed by people to swindle those who believe in a myth that the non-venomous snakes will make them rich

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The state's forest department officials have a growing worry over Red Sand Boa farming said to be existent at villages in remote Karnataka. The farming is tied around a strong propaganda by a section of religious fraternity and snake charmers who spread myths on using wildlife for trade and puja rituals as a means to get wealthy in a short span.

According to CID Forest cell officials, these myths are spread among circles of devotees attached with religious institutions. The myth is that if one get the reptile for puja purpose or on hire if he/she cannot afford it, then soon after the rituals, money will rain on the person on whom the puja was performed. Gullible devotees from all sections of life including NRIs, both serving and retired bureaucrats, politicians and several rich businessmen are sending their men who travel all over south India in search of the Red Sand Boa snake, that also well known by a code name 'Double Engine.' Along with the Red Sand Boa, even the flap shell turtles that goes by the code name is 20 channel and the Barn owl that has 2-wheeler as a code name is also traded for pooja rituals, the forest officials added.

These species are protected under the Indian wildlife Protection Act 1972. Whenever forest officials apprehend the accused based on information, in most of the cases, the accused are found carrying huge amounts of cash on them as the ongoing price of these species range from Rs 1.5 crore to 2 crore, the officials pointed out.

On Wednesday, the Forest Mobile Squad of the Chikkamagaluru and Udupi forest division, busted two cases of wildlife poaching crimes and apprehended three people, one of them a student and recovered two Sand Boa snakes from them that they were attempting to sell for over a crore rupees to customers. In one of the two cases, the arrested has been identified as Ramesh (24), a resident of Channagiri in Davanagere, who had finished his BBM course but had backlogs so he started helping his father with agriculture in his village. In another case,

Many houses in remote villages keep Red Sand Boas in clay pots filled with soil. Most times the snakes are overfed so that they can be sold at higher price for weight

> **In both cases, they have procured the Red Sand Boa from the agricultural fields and nurtured it at their houses** –Sharath, sub-inspector

the accused are Krishnaiah (50), a resident of Tiptur taluk in Tumakuru, a farmer who stumbled on the snake during work in his field and an agent identified by the police as Raju from Devanur village in Kadur taluk in Chikkamagaluru. "In both the cases, they have procured the Red Sand Boa from the agricultural fields and nurtured it at their houses. After they come to know that suh reptiles can be traded, they start looking for customers," said Sharath, a police sub-inspector with the Forest Mobile Squad in Chikmagalur-Udupi forest division.

Forest sources also said that many households in villages in and around Bagepalli, Hiriyur, Kanakapura, Chitradurga, Madikeri, Tumkur, Davangere, Chikkamagaluru have a huge clay pot filled with soil at their yard with one or more Red Sand Boas in them ready to be sold or even hired for rent. The snake is most of the time overfed or forcefed with edible and non edible stuff to increase its weight thereby proportionally hiking its cost, the officials added.

Due to this menace, the forest department officials have even written to several religious mutts in the state educating the seers about such wildlife crimes. Officials said the devotees who carry lumpsum cash for these reptiles end up getting conned by men who disappear with the money promising them these reptiles. Forest officials have stumbled on devotees from places like Coimbatore and Vellore in Tamil Nadu, places from Kerala, Andhra Pradesh also.

"Though the snake is not found in Bengaluru, our team of authorised snake rescuers get almost one genuine enquiry regarding the Red Sand Boa snake a day as our phone numbers are easily made available by helplines to the public for wildlife rescues," said Sharath Babu, a wildlife expert. The situation has reached such a alarming proportion, Babu added.

# Cryptic case of crypto currency fraud

## Company told victims to invest for money to be converted into crypto currency

A cab driver, a scrap merchant who is also a painter and a mechanic in the city received an amount of Rs 3 crore in their bank accounts. The amount was given as a remuneration after they became board of directors for ShareHash, a company dealing with crypto currency.

However, the happiness of these board of directors did not last long as now they will have to spend time inside the four walls of a prison because they were charged for looting the money from several investors on account of giving them higher rate of interest.

The accused are Sheetal Bastawad, a resident of Belagavi, Imran Riyaz, a cab driver from Gurappana Palya and Rehmatulla Khan, a two wheeler mechanic and Zabiulla Khan, the scrap merchant cum painter from BTM Layout 2nd stage. They were all in their late 20s.

The authorities of Central Crime Branch are on the look out for two more founding directors of ShareHash who are currently absconding. They have been going around with the name Jimmy and Stacy.

The board of directors duo got in touch with Sheetal Bastawad after contacting him on social media and offered him the position of company secretary as well as a payment of Rs 1 lakh. The other members of the company contacted him through the phone numebr which they received in their phone inbox.

> **Conmen pushed pseudo service through messages, mail, WhatsApp**

In a press meet, the Commissioner of police, Bengaluru, said that the members of ShareHash persuaded the people by sending them a number of messages and emails and guaranteed that their money will be invested in crypto currencies. They said that the investors can download the app and then start investing. The official also said that the members promised to return an amount of Rs 29 for the invested amount if Rs 3000 and Rs 49 for the invested amount of Rs 5000.

ShareHash started functioning in November 2021. Through regular payments made to the users they gained the trust of the investors. "At the same time, the accused made another offer saying an individual can start their own crypto currency business and demanded Rs 42,000 for providing the needed materials," the Commisioner said.

— Shreyashi Mukherjee

FAKE NEWS BUSTER MIRROR

### THERE IS NO NEW VARIANT IN TOWN

**THE CLAIM**

Some reports and viral messages claim the discovery of a new strain of the coronavirus named 'NeoCoV'. Some reports also suggest that it "kills 1 in 3" people.

**SO, WHAT'S THE TRUTH?**

However, several experts debunked this misinformation circulating on social media. Neither is NeoCoV a 'new' virus nor is it a variant of covid-19. Additionally, there have been no confirmed cases of NeoCoV in humans so far. NeoCoV is not a new virus, it was first found in 2014. The virus is only found in bats and has not infected or killed a human being so far. "Currently, there is no direct evidence that NeoCov affects the human body, and we should not panic or get stressed," Dr Rahul Pandit, Member of National and Maharashtra's Covid-19 Taskforce told IANS.

**BUST FAKE NEWS WITH MIRROR**

**9591233247**

Let's separate the news from the noise, Bengaluru. Tell us about that incredible-sounding story/news/alert that you've received on WhatsApp or social media and Bangalore Mirror researchers and editors will see if it checks out. If it doesn't, we'll call it out

**TOPCOMMENTS**

### After the rain, come the rain-related problems

Our story 'Sunday takes a chill pill' has got a few responses from readers. **Kiran K** writes, gone are the days when a spell of rain would only bring relief from the heat. In Bengaluru today one must dread the rain however short a spell it may be as it is difficult to step out. Even staying at home is a problem if one is in a low-lying area. **Swathy Ramakrishna** writes if the drains are cleaned out in time, there would be no issue of waterlogging in our city. All the raja kaluves were made to ensure that the city can take as much rain as it gets, but they have been encroached upon. **Merlin** writes, the rain has provided much needed relief as the temperature was becoming unbearable over the past few days.

**WEBHITS**

3 most-read articles on the Mirror site

- To revive a lake in 44 days, or not
- Sunday takes a chill pill
- Why all's not cool at pools

## Flying, falling

An aircraft toppled over while landing on the runway of Jakkur Aerodrome on Sunday evening. This was a training aircraft and the occupants including the pilot escaped with minor injuries, it is said.

# 'There's mud everywhere'

## As rain pours in, Cottonpet residents lose sleep over lost business, possibility of accidents due to dangerously bad roads and civic negligence

BWSSB dug this road four months ago and filled it with mud, instead of restoring it with asphalt or tar

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It is found, BWSSB left a road in Cottonpet disfigured after completing a project to lay pipelines. Residents BM spoke with complained it is a herculean task for motorists to use the road now and the authorities concerned must restore the stretch.

BWSSB workers dug the road four months ago and after completing the work covered it with mud instead of restoring it more permanently with tar or cement. Over time, the condition of the road has worsened.

"The condition of the road has become so bad... We cannot use it to commute anymore. My vehicle has gotten stuck here many times. The area is very congested as it is... The mud on the road makes it appear dirty too," said Kishan Raj, a resident.

Recently, the city has been experiencing rainfall. And for motorists in Bengaluru, rain always means trouble. The case is no different in Cottonpet. Residents said the rain has worsened the condition of the road and multiplied their woes.

"There's mud everywhere... Just yesterday, I was on the verge of falling as my bike skidded (due to slush). It's so dangerous... Even walking without paying careful attention can lead to bad falls and injuries," said Akash K, a resident.

But woes aren't limited to residents and motorists. Businesses and commercial establishments have also been hit hard. Shop owners BM spoke with said the bad roads, combined with heavy rainfall, is hampering their businesses.

> **"There's mud everywhere... Just yesterday, I was on the verge of falling as my bike skidded (due to slush). It's so dangerous...**
>
> –Akash K, a resident

"Customers aren't coming to my shop because of rainfall and the bad condition of the roads. It has also become very difficult to park our vehicles here. There's mud everywhere... Whenever someone walks into the shop, the place becomes muddy and dirty," said Rajesh K, owner of SS collection which is located on Cottonpet Main Road.

Further, BM found that the locality lacks proper lighting in the night time. Rain, muddy roads and a lack of streetlights are a terribly dangerous combination.

Residents said they have brought the issue to both BWSSB and BBMP's notice. They said the authorities have not made any efforts to improve the condition of the road.

When we complain to BWSSB they say BBMP will deal with the problem. But BBMP officials have been unresponsive. They are pinning the blame on each other and we (citizens) are suffering," said BS Basavaraju, a resident.

whatsapp MIRROR
9591233247

**Problems in your area?**
Send us a picture along with specific details. And please, no phone calls or spamming

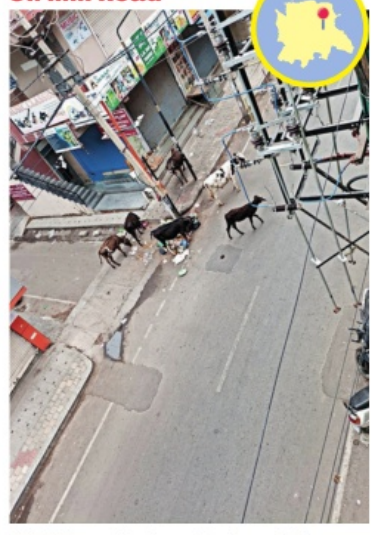
### Parking, a problem

**Bangalore Urban**

Students have been parking vehicles on a 30-feet road. BBMP must improve parking facilities in the city.

### So much trash

**Oil Mill Road**



BBMP must clear the trash from this spot and clean up Oil Mill Road in Kammanahalli.

### Look into this

**Queen's Road**

Folks have been parking on the road, which isn't meant to be treated like a parking spot, in front of Congress's office. The authorities concerned must look into the matter.

# Bail to engineer accused of stealing sensitive data from DRDO lab

A local court in Karnataka has granted bail to an aerospace engineer who is alleged of sensitive data theft from Aeronautical Development Agency (ADA), a lab which comes under Defence Research and Development Organization (DRDO).

Sivaramakrishna Chennuboina a.k.a Chennuboina (27), the accused was arrested by the Criminal Investigation Department (CID) Cybercrime police on March 19. The accused engineer is charged with stealing data from July 2020 and February 2021 which he allegedly attempted to sell to websites.

**The accused engineer is charged with stealing data from July 2020 and February 2021 which he allegedly attempted to sell to websites**

A complaint regarding this was registered by Sasi Narkis Babu.V, a security officer at ADA. Initially, it was lodged against unknown persons. The accused was arrested during the course of investigation. The 51st City Civil and Sessions Court observed that the offences are bailable and custody of the accused was not required for further investigation.

The accused had been asked not to tamper with the evidence, witnesses and is directed to mark his attendance before CID cybercrime police station once in 15 days. The prosecution argued that the accused had acted against the interest, security and integrity of the nation. However, the counsel for the accused denied all allegations against him.

The allegations are made to prevent the accused from attending an interview for a senior post, they argued. Chennuboina had completed B.Tech in Karnataka and hailed from Guntur in Andhra Pradesh. He resided in Judicial Layout of Yelahanka in Bengaluru.

The order was given on April 8 and police are conducting further investigation. **IANS**

## Denied dowry, man blackmails wife

Police have filed an FIR against a man for allegedly circulating obscene pictures of his wife in Bengaluru, police said on Monday. According to police, the accused had clicked the photographs when his wife fell unconscious after drinking juice laced with sedatives. The 30-year-old woman, a resident of Kanakapura road, had lodged a complaint against her husband in this regard with Basavanagudi Women's Police Station. The victim had said that she had divorced her first husband in 2013 and married the accused after falling in love with him.

Though the couple led a good life for some time trouble began when the man started demanding dowry. According to the police, the man was demanding that the victim transfer all the money of her father, who died recently, to him. The accused after clicking her photos blackmailed her that if she did not give him the money, he would make her pictures viral. The complainant has also alleged that the accused had also been torturing her to sleep with his friend.

# Lay off Gandhi Bazaar!

## BBMP, DULT's plan to concretise roads, and revitalise street-vendor culture will upset 130-year-old market's aura, say protesting citizens

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The pedestrianisation of Church Street was a big hit, but a similar plan of pedestrianising one of the city's oldest hubs-Gandhi Bazaar has met with stiff resistance. Many traders and citizens hit the street on Monday urging the authorities to drop the plan. Currently, Bruhat Bengaluru Mahanagara Palike (BBMP) and the Directorate of Urban Land Transport (DULT) have planned to make it more commercial and that includes planning for a revitalised street-vendor culture.

The reorganisation plan has sparked outrage among residents of the area. Vendors also said that if this proposal of the DULT becoms a reality, it will ruin their businesses while also potentially devaluing their properties which have been running for generations. Residents of Basavanagudi came together to hold a march on Monday to bring attention to the proposed development project that will change their historical neighbourhood of Gandhi Bazaar. "Basavanagudi is one of the oldest areas in Bengaluru with a rich heritage and a large number of cultural institutions that attract people from all walks of life. It is also one of the most authentic places to visit in Bengaluru, far from the annoyingly loud streets and high-end shopping malls with westernised stores. So, we oppose the project," said a person who was part of the protest.

According to the DULT Plan, the flower market will be converted into a multi-level car parking and street vendors will be moved aside to make a way for parking. The Main Road between Gandhi Bazaar Circle and National Cooperative Bank Circle will be closed off to motorised traffic, which will also result in vendors losing business, they said.

**"There is no need to trouble street vendors. Vendors contribute to the charm of our Basavanagudi's vibrant bazaar area and provide a feeling of nostalgia**

"There is no need to trouble street vendors. Vendors contribute to the charm of our Basavanagudi's vibrant bazaar area and provide a feeling of nostalgia. Instead, BBMP and DULT should engage in programmes that help improve the lives of vendors by providing basic necessities like stall arrangements, washrooms, and drinking water facilities to the vendors," says Guruprasad secretary of Heritage Basavanagudi Residents Welfare Forum.

M Narayan, a resident of the area, said authorities plan to increase the width of footpaths, widen roads and pave them with concrete in an effort to replace the current tarmac road surface. "These changes will affect residents negatively. People who own property adjacent to these roads are concerned that replacing the existing tarmac roads with cement will reduce groundwater levels within their properties and change the soil structure beneath their properties resulting in settlements, cracks, or even have structural failure," Narayan said.

Another protestor Vishnu said this area is 130 years old and it is up to the community to preserve this area in its current state while also accommodating the development we need to improve it. "It's important we engage the public about their opinions on this matter before moving forward with any plans so that we don't run into any issues after it is done," he added.

## CM says PSIs re-exam only after CID report

After malpractices were reported in police sub-inspector recruitment exams, Chief Minister Basavaraj Bommai said that a call on re-examinations will be taken when the CID submits a probe report.

DGP Praveen Sood tweeted on Monday, "Written exam for 402 posts will be conducted as soon as the present investigation by CID is completed; culprits prosecuted and excluded from the present list."

Bommai said the government wants a thorough probe, whether it is at the exam centre level or supervisor level or at the senior officials level. "Once the allegation surfaced, state Home Minister Araga Jnanendra had handed over the investigation to CID. Steps were taken to ensure an unbiased probe. The directions have been given for comprehensive investigation and no one will be spared," the CM added. **— BMB**

## Bommai now faces heat over quota

Along with communal unrest and tension in the state and cabinet expansion pangs, Karnataka Chief Minister Basavaraj Bommai now has the challenge of handling the issue of assurance of reservation for Panchamasali Linagayat community under 2A category.

Panchamasali seer of Koodalasangama Mutt Basavajaya Mrutyunjaya Swamiji on Monday declared that the deadline given to the ruling BJP government is over and he would launch agitation from April 21. "We have been waiting for the assurances of the BJP government in Karnataka to be fulfilled for one-and-a-half years," stated Mrutyunjaya swamiji.

# Small spike in Bengaluru's covid positivity rate

Bengaluru's positivity rate shot up to 2.91 per cent on Monday, after hovering between 1-1.54 per cent in the last 10 days. On Monday, the positivity rate went beyond 2%, while on a whole, Karnataka's positivity rate for the day was at 0.99 per cent.

Karnataka on a whole reported 53 new positive cases, and Bengaluru contributed to it with 51 cases. The number of persons discharged from hospitals in the state was 39 and there were zero covid deaths.

The city has however seen a drop in the number of daily tests, the highest tests in the past 10 days was reported on April 9, with 3,619 single day test, after which the number of tests have reduced. On April 18, only 1,753 tests were reported.

The positivity rate of many districts remained below 1%, but Bengaluru has seen a a slight increase. However, experts pointed out that one need not panic as the death rate, cases and even hospitalisations have been low.

"We should not let our guard down. We are seeing a surge in cases in Delhi. The pattern always seen during the waves is that, Delhi and Mumbai start to report high cases and then eventually Bengaluru gets hit. For now the condition is safe and one needs to continue taking precautionary measures," said an expert.

### INDIA'S COVID CASES DOUBLE IN 24 HOURS

India's tally of daily COVID-19 cases nearly doubled in the past 24 hours to more than 2,000, according to the Union Health Ministry data updated on Monday.
The country logged 2,183 new coronavirus infections, taking the total tally of COVID-19 cases to 4,30,44,280, while the active cases declined to 11,542, the data updated at 8am stated. On Sunday, 1,150 people tested positive for the viral infection across the country.

# Rain and drains wreak havoc

Vehicles on a waterlogged stretch in Chamarajpet

CONTINUED FROM PAGE 1

underground cabling work; thereafter the sewage lines were never fixed. With the sewage network broken, water keeps overflowing whenever it pours.

The residents have also approached area MLA Byrathi Basvaraju to rectify the civic issue. Officials from the Bangalore Water Supply and Sewerage Board (BWSSB) stated that the high court has given orders not to cut open the road.

"With this condition of the civic infrastructure, how can our children move around or even play in the neighbourhood? It is creating a breeding ground for the mosquitoes too. The stench is so bad, we can't breathe. One of these days they got the jetting machine and cleared it, but that alone doesn't serve the purpose," said a resident.

The condition worsens especially during rainfall, said another resident: "The rainwater and sewage cause flooding. It gets so dirty. One gets embarrassed to even come to the locality. All are taxpayers here and they do not have basic amenities. The government officials and elected representatives do not want to address these fundamental problems. We are living in a pathetic state," citizens in the neighbourhood voiced their concerns.

Now with dengue cases increasing, residents pointed out the issue is posing a health hazard too.

"There are 2,000-odd houses here and the water is flowing in. We can contract diseases due to this. The people living here simply can't step out. If they have to go out, they have to walk through drainage water. Three to four manholes are overflowing, and it's getting worse. Water is gushing out like a fountain," explained Shenoy.

# Vulture breeding centre at BNP

CONTINUED FROM PAGE 1

The aviaries will keep some captive vultures for breeding. Once they lay eggs, they will be removed from the nest and moved to a brooder unit where they will be kept under regulated temperature. As the eggs hatch, the young ones will be taken care of at the centre till they are ready to be released into the wild.

The breeding centre will facilitate interaction between captive and wild vultures while they are inside nets in the aviary. The department also plans to have a feeding arrangement for wild vultures around the aviary to help the captive-reared birds familiarize themselves with their wild counterparts.

"After a few months of the eggs hatching, the captive-reared birds will be kept in a cage that is the size of a room. Food will be made available outside the cage for the wild vultures. The bird bred in captivity can witness the process and learn the tricks of the trade. This is expected to go on for a couple of months till the birds familiarise themselves with life outside the aviary. Only then the cage will be left open for the bird to fly out," said a forest department official.

However, the department is still mulling over satellite tagging of the captive birds to monitor their movement once they are released into the wild.

"The monitoring aspects such as if the birds will be tagged or not are yet to be finalised," informed Priyadarshi.

Moreover, there is a change of plan when it comes to sourcing the diclofenac-free dead cattle to feed the birds at the centre. A fund of approximately Rs 15 lakh has been kept aside to feed the vultures in captivity.

"There were initial talks of getting diclofenac-free dead cattle to feed the birds. However, that plan might not work as the cattle meat will have to be tested before feeding the birds. While this can be one option, a final call on it is yet to be taken. We are also looking at the option of using carcasses of wild animals after the department's recent order on not incinerating or burying the carcasses," said Priyadarshi.


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## personal

### CHANGE OF NAME

**I,** VIVEK BATCHU VENKATESH R/o No. 10, Byrasandra Main Road, I Block East Jayanagar, B'lore-11 solemnly declare that by error, name of my father in my passport No. PO483210 as VENKATESH BATCHU. His correct name is VENKATESH BATCHU SURYANARAYAN. This Notification is to correct my father's name as VENKATESH BATCHU SURYANARAYAN. Vide affi davit dtd 18.04.22 sworn before notary A. Prabhakar B'lore.

**I,** N. PRAMOD @ PRAMOD .N @ PRAMOD NANDIPRASAD S/o Nagappa Nandiprasad residing at No. 478, 6th Main, 2nd Stage, Mahalakshmipuram, Bengaluru-560086 have changed my name to PRAMOD NANDI PRASAD vide affidavit dated 18.04.2022 sworn before notary C.K Anupama, B.lore-09.

**I,** Jay Parkash Aggarwal, S/O Gyani Ram Prakash Agarwal, Residing at, D-301, Sunkal Farm Road, Wilson Vintage, Wilson Garden, Bangalore South, Adugodi, Bengaluru, Karnataka 560030 has changed my name to Jai Prakash Agarwal for all future purposes.

**I,** Reshma Anish W/o Anish Kumar R/o No. A3 49036, Sobha Dream Acres Wing 49, Panathur Main Road, Balagere Village, Vartur Post, B'luru-560087 have changed my name from Reshma to Reshma Anish Vide Affidavit Dated 16/04/2022 Notary Uday Kumar K

**I,** KRISHNA PRASAD SEGO RADHAKRISHNA 74 yrs, R/at No. 45, 4th Main, 16th Cross, Malleswaram, Bangalore-55. I have changed my name to KRISHNA PRASAD SEGU RADHAKRISHNA vide affi davit dtd 18.04-22 sworn before notary A. Prabhakar B'lore.

**I,** Rupini CH Trinadh D/o CH Trinadh, R/o No 113/1, Ayyappa Block, Kogilu Cross, Bbmp Ward No 5, Next to Arch, Yelahanka B'luru-560064 have changed my name from CH Rupini to Rupini CH Trinadh Vide Affidavit Dated 16/04/2022 Notary Uday Kumar K

**I** Prasanna Kumar Sarpadi Krishna Achar #28, Krishna, Classmate Enclave, Huttanahalli Main Road, Vidyanagar Cross, Bangalore North, Bangalore-562157, have changed my name to Prasanna Kumar Shimoga Krishna Achar

**I** Narayana Rao Anilkumar S/O, Venkoba Rao Narayan R/o No 68, 3rd Cross Nrupatunga Extn R T Nagar Ganganagar Bangalore 560032 have changed my name to Anil Kumar N for all purposes.

### LOST & FOUND

**IT** is notified that my original degree certificate of M.Tech from IITB, Mumbai issued in Year 2005 RollNo: 03305019 has been lost. Nitin Call: 9886627109

## tender & notices

### PUBLIC NOTICE

**BEFORE THE HOM'BLE TELANGANA STATE CONSUMER DISPUTES REDRESSAL COMMISSION: AT HYDERABAD**
F.A.No. 644 of 2019 Against C.C. No.443 of 2012
BETWEEN:
**M/s. Orange Auto Pvt. Lid.,**
Rep. by Its Managing Director & Anr.
... Appellants/ Opposite Parties
AND
**Honda Motor Cycle & Scooter India Pt Ltd.**
Rep. by Its MD Office& Anr
...Respondents/Complain
To,
**Honda Motor Cycle & Scooter India Pvt Ltd.**
Rep. by Its MD Office, # 19/5 & 19/6, 2ND Floor, Kareem Towers, Cunningham Road,Bangalore - 560052.,
Please take notice that the Appellants herein filed F.A. No. 644 of 2019 on file of Telangana State Commission, Hyderabad against the Order dated 29-07-2015 passed in C.C. No.443 of 2012, on the file of Hon'ble District Consumer Disputes Redressal Commission-I, Hyderabad. The matter has been posted to 25.01.2022 for your appearance.
Kindly cause appearance in F.A No. 644 of 2019 before the Hon'ble Telangana State Consumer Disputes Redressal Commission, Hyderabad either in person or through an advocate at 10:30 am on 02.05.2022, failing which the matter will be determined in your absence.
//BY ORDER//
**Indus Law Firm**
**VR N. Prashanth Advocate**
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Mail: indus**lawfirm.advocates@gmail.com**
**Mob: 9989019530**

# A power struggle

## Dark nights ahead? Coal shortage handicapping state's thermal stations; solar energy is helping tide over the crisis at present

Sridhar.Vivan
@timesgroup.com
TWEETS @sridharVMIRROR

With the state grappling with a shortage of coal, sources say that the thermal stations in the state are facing a shortage of 25 per cent of coal supplies.

This means only 75 per cent of coal is being supplied to the thermal stations of Raichur Thermal Power Station, Bellary Thermal Power Station, and Yermarus Thermal Power Station.

Around 16 rakes of coal supply (5,000 tonnes in a single rake) is required to supply all three thermal stations. However, the supply is limited to four rakes per day.

The thermal stations will usually have a stock of 10 days coal supply to meet any shortage.

However, currently, the coal supply is limited to that day's power production. The state requires 14,000 MW of power. The thermal stations generate 2,800 MW, solar generates 5,500 MW, hydroelectric generates 3,500 and another 3,000 MW is provided via the central grid. Officials say that the power generated from solar energy is helping to tide over the coal shortage.

Men walk under electric pylons outside the Pavagada Solar Park in Thirumani village, Karnataka

### Centre blames Karnataka

The Centre claims that it has done enough and Karnataka Power Corporation Limited (KPER CENTL) is to be blamed.

In a recent Lok Sabha statement, Union Minister for Parliamentary Affairs, Coals and Mines Pralhad Joshi said that due to an increased demand for power, less power generation by imported coal-based power plants and interruption in supply of coal due to heavy rains, the coal stock at the power plants had depleted to 7.2 million tonne (MT) during October last year.

**Currently, only 75 per cent of coal is being supplied to thermal stations of Raichur, Ballari, and Yermarus**

According to Joshi, with increased coal supplies, the coal stock has started increasing and has now reached 25.58 MT as on March 21.

"In 2021-22 (up to Feb'22), the total domestic coal supplied to the power plant was 611.43 million tonne (MT) (provisional) which is more than 124.45 MT against the supply of 486.98 during the same period of the previous year.

Less supply of coal can be attributed to the fact that KPER CENTL had regulated coal supply by not placing adequate programmes.

KPER CENTL was offered additional coal of 2.74 lakh tonne (LT) and then an additional 2.50 LT by Coal India Limited (CIL) through road-cum-rail (RCR) mode.

KPER CENTL lifted only 1.24 LT during the first round. In addition, the following captive coal blocks: Baranj I to IV, Manora Deep and Kiloni, have been allocated to KPER CENTL.

"In 2021-22, the scheduled production of these coal blocks is 2.5 MT, against which, 1.043 MT has been produced. Besides, Durgapur-II/Taraimar and Durgapur-II/Saria and Mandakini coal blocks have also been allocated to KPER CENTL," Joshi said in a written reply.

# FIR against top Cong leaders

(Left) DK Shivakumar interacting with Siddaramaiah (centre)

Police have booked an FIR against 36 persons, including AICC General Secretary Randeep Surjewala, state Congress President DK Shivakumar and Opposition leader Siddaramaiah, in connection with assembling unlawfully to lay siege to Chief Minister Basavaraj Bommai's residence, police said on Monday.

The Congress had organised the programme on April 13 and were stopped midway. They were arrested and released later. The agitation was staged demanding immediate arrest of former minister KS Eshwarappa following the suicide of a contractor who held Eshwarappa responsible for his death.

Cases were filed against the agitators under the Section 103 of the Karnataka Police Act (penalty for contravention of orders), IPC Section 341 (wrongful restraint), 143 (unlawful assembly).

Shivakumar has stated, "The police had arrested us en route to CM Bommai's residence and released us later. Now they have lodged an FIR. Former minister Eshwarappa violated prohibitory orders to carry out protest marches and staged protests. Why is there no case on him?" he questioned.

The ruling BJP is foisting cases on Congress leaders. Why has CM Bommai not ordered to lodge cases on those who recited Hindu prayers in a church? Muslims vendors were troubled during paying fares; no cases on them. CM Bommai is supporting moral policing in the state, he charged. **–IANS**

# Pressure on Bommai to rejig Cabinet

Bangalore Mirror Bureau
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With Senior Karnataka BJP leader KS Eshwarappa resigning from his post, pressure is on Chief Minister Basavaraj Bommai to rejig his Cabinet. Many of the cabinet aspirants are trying a last-ditch attempt to enter the ministry as elections are due next year.

Meanwhile, Chief Minister Basavaraj Bommai said that a final decision on Cabinet expansion will be taken only after his visit to New Delhi. "The party high command will give directions whether there would be a Cabinet reshuffle or just a Cabinet expansion in the state," he said.

Bommai's statement proved to be a dampener for aspirants who expected an expansion to take place immediately after Ugadi. With KS Eshwarappa's resignation, five posts in the Cabinet are now vacant.

CM Bommai with KS Eshwarappa at a press conference on April 15

Some legislators have even been advocating for a Gujarat-like overhaul of the Karnataka Cabinet soon, to make way for new faces ahead of the Assembly elections next year.

> **We will seek a positive mandate from farmers, women, and weaker sections for good governance**
> –Basavaraj Bommai, Chief Minister

There are currently 29 ministers in the state Cabinet, including the Chief Minister against the sanctioned strength of 34.

The Cabinet exercise will be crucial ahead of the Assembly elections next year, in which the saffron party aims to return to power once again, and has set a target of winning a minimum of 150 seats in the 225-member House.

Earlier on Sunday, during his two-day visit to the state, party president JP Nadda held a meeting with the state's core committee of the party in the presence of the Chief Minister and discussed organisational issues.

Recently, Bommai during his two-day visit to the national capital, had met the party's top brass, including the national president and Union Home Minister Amit Shah.

The Cabinet expansion of the eight-month-old government was stated to have been the top agenda during the meeting. Upon his return from New Delhi, the Chief Minister had termed his visit "successful".

"We will seek a positive mandate from farmers, women and weaker sections for good governance, enforcing law and order, and nationalist agenda. We will go to the people with our performance report card," Bommai said.

**(inputs from agencies)**

**Not exceptional hardship**
'Denial of sex' can't be 'exceptional hardship' for divorce within a year: Delhi HC

BangaloreMirror | 8
Tuesday, April 19, 2022
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# Lakhimpur case: SC cancels bail granted to Ashish Mishra

## 'Tearing hurry' shown by Allahabad HC with a 'myopic view' of evidence, says top court

**#New Delhi**

The Supreme Court on Monday cancelled the bail granted to Union minister Ajay Mishra's son Ashish Mishra in the Lakhimpur Kheri violence case and asked him to surrender in a week, observing the Allahabad High Court had shown "tearing hurry" in giving relief and adopted a "myopic view of the evidence". The top court also said the 'victims' were denied "a fair and effective hearing" in the high court, noting that a 'victim' has unbridled participatory rights from the stage of probe till the culmination of the proceedings in an appeal or revision.

Holding that the high court order cannot be sustained and deserved to be set aside, the top court termed the Lakhimpur Kheri incident, if true as per allegations, as "an awakening call" to the state authorities to reinforce adequate protection for the life, liberty, and properties of the eye/injured witnesses, as well as for the families of the deceased.

While the Congress attacked the government after the verdict and asked when will PM Narendra Modi sack Ajay Mishra, the Union Minister of State for Home, the Bharatiya Kisan Union (BKU) leader Rakesh Tikait said the court decision has given hope of justice to farmers.

On October 3 last year, eight people were killed in Lakhimpur Kheri during the violence that erupted when farmers were protesting against Uttar Pradesh Deputy Chief Minister Keshav Prasad Maurya's visit to the area. Four farmers were mowed down by an SUV, in which Ashish Mishra was seated, according to the UP Police FIR.

In this Oct 9, 2021 file photo, Union MoS for Home Ajay Mishra's son Ashish Mishra is being taken to be produced before the magistrate

The top court dealt in detail with the rights of victims in criminal cases and said they are "totally independent, incomparable, and are not accessory or auxiliary to those of the state" under the Code of Criminal Procedure (CrPC).

Writing the 24-page judgement, Justice Surya Kant asked the high court to decide the bail plea of the accused within a period of three months and held the presence of 'state' in the bail proceedings "does not tantamount to according a hearing to a 'victim' of the crime". **PTI**

### Two bikers killed in collision with car linked to BJP MLA

Two men were killed when a "speeding" car linked to a BJP MLA hit their motorcycle in a head-on collision here, police said on Monday.

The Scorpio SUV involved in the collision on the Pilibhit-Basti highway near Pangi Khurd village on Sunday night had "vidhayak" (legislator) written on it, police said.Police said the car belonged to "a relative" of MLA Yogesh Verma, who was not travelling in the vehicle.

Samajwadi Party chief Akhilesh Yadav said the "BJP's double-engine powered vehicle" continues to crush people, in a possible reference to the mowing down of four farmers in Lakhimpur Kheri by a car allegedly carrying BJP workers.

# Lt Gen Manoj Pande is next Army chief

**#New Delhi**

Lt Gen Manoj Pande will be the next Army chief succeeding Gen MM Naravane whose tenure ends by the end of this month, officials said on Monday.

At present, Lt Gen Pande is serving as the Vice Chief of the Army Staff.

Before taking charge as the Vice Chief of the Army Staff, he was heading the Eastern Army Command tasked with guarding the Line of Actual Control (LAC) in the Sikkim and Arunachal Pradesh sectors. Gen Naravane's tenure will come to an end on April 30. Lt Gen Pande was commissioned into the Bombay Sappers in December 1982.

In his distinguished career, he has held several prestigious command and staff assignments in conventional as well as counter-insurgency operations in all types of terrain. He commanded an engineer regiment along the Line of Control during the Operation Parakram in Jammu and Kashmir, an engineer brigade in the western sector, an infantry brigade along the LoC and a mountain division in high-altitude areas of western Ladakh and a corps in the Northeast. He has served as chief engineer in the UN mission in Ethiopia and Eritrea. He was the Commander-in-Chief Andaman and Nicobar Command (CINCAN) from June 2020 to May 2021. He has been conferred Param Vishisht Seva Medal, Ati Vishisht Seva Medal, Vishisht Seva Medal, the Chief of Army Staff Commendation and the GOC-in-C Commendation **PTI**

# Jahangirpuri shooter in 'blue kurta' lands in police net

**#New Delhi**

Delhi Police have arrested a 28-year-old man, who allegedly fired shots during the communal clashes in north-west Delhi's Jahangirpuri on April 16, an official said on Monday.

The accused has been identified as Sonu alias Imam alias Yunus, a resident of C Block in Jahangirpuri.

DCP (north-west), Usha Rangnani, said a video was being circulated on social media since Sunday, showing the same man (in blue kurta) opening fire during the clashes.

"He has been nabbed by the Special Staff of the northwest district police," the DCP said.

Earlier in the day, the family members of Sonu had resorted to stone pelting when the police went to their house for investigation.

"To probe the matter, a police team of north-west district had gone to the alleged shooter's house on CD Park road to question his family members," Rangnani said.

However, when the police reached there, the family members pelted two stones on them following which the police detained one person from the spot. **IANS**

Movement of residents restricted in some areas of Jahangirpuri in Delhi as fresh violence erupted on Monday

# Meet Raja Chari, who returns to Earth after 6 months

Indian-origin astronaut Raja Chari, who docked to the International Space Station (ISS) in November last year, is all set to return home to planet Earth later this month after spending almost six months in zero gravity.

Chari docked the ISS along with three other members -- Tom Marshburn, Kayla Barron, Matthias Maurer -- under the NASA SpaceX Crew-3 mission which was launched on November 10, 2021.

All the four astronaut's will make their return on the Dragon spacecraft named Endurance.

### Who is Raja Chari?

Raja Jon Vurputoor Chari is an Indian-American test pilot and NASA astronaut who has over 2,000 hours of flying including F-15E combat missions in Operation Iraqi Freedom and deployments in support of the Korean peninsula.

Born in 1977, Chari attended United States Air Force Academy in Colorado before graduating as a Draper Fellow and earning a Master of Science in aeronautical and astronautical engineering in 2001 from Massachusetts Institute of Technology (MIT).

After his studies, Chari attended the US Naval Test Pilot School.

He is also a graduate from US Army Command and General Staff College in Fort Leavenworth, Kansas.

In June 2017, the 44-year-old, who was a Colonel select in the U.S. Air Force at the time, was selected to be a part of NASA Astronaut Group 22 and reported for duty in August where he trained for two years as an astronaut.

He was then selected to be a part of the Artemis Team in December 2020. According to NASA, the team of astronauts will help "pave the way for the next lunar missions including sending the first woman and next man to walk on the lunar surface in 2024."

The same month he became the first astronaut from Group 22 to be selected for SpaceX Crew-3 mission, which made him the first NASA rookie to command a spaceflight since Gerald Carr, who commanded the Skylab 4 mission in 1973.

Chari also has several awards and honours under his name. During his Air Force career, he was awarded the Defense Meritorious Service Medal, the Meritorious Service Medal, the Aerial Achievement Medal, the Air Force Commendation Medal, the Air Force Achievement Medal, and more.

He is married to Holly Schaffter Chari with whom he has three children. **ETOnline**

**HEALTH TIP:** Pulses are a source of iron, which is essential to avoid anaemia

Coconut water is a good source of manganese, which helps fight off free radicals in the body



# A HUG A DAY

## Find out why a hug can prove to be a healing touch

Whether you're a kid who just sprained your knee, a 24-year-old going through a mid-life crisis, or a person over 60 looking to start a new inning in life. It is safe to say that enveloping our arms around the body is one of the most widely recognised forms of love.

Touch has that kind of power. Humans are born with a desire for physical affection and are socialised to crave it. It is one of our most basic requirements, along with food and water. And, while much has changed in the way we interact with one another over the years, the need for physical affection has not.

### The science behind a hug

A 2013 study found that the act of hugging can change the levels in our endocrine system. "The endocrine system is made up of glands that secrete hormones into the bloodstream. These glands include the pineal gland, pancreas, hypothalamus, ovaries, and others. The study found that hugging can make us feel more comforted by changing the levels of hormones in the body." said Goldy Nagdev, Managing Director, Hari Darshan Sevashram Pvt. Ltd.

"The hugged person's hormone levels changed in a way that made them feel more comfortable and relaxed. The researchers believe that this happens because hugging releases oxytocin, which is a hormone that has been shown to reduce stress and promote feelings of happiness and bonding. This research shows that hugging can be a powerful tool for promoting well-being and reducing stress."

No pain, no gain? False! No pain, no gain does not stand valid anymore, especially not with the study proving self-hugs to be the cure for it - literally!

The hugs you give yourself may help relieve chronic pain! Researchers found that when people hug themselves, it causes their brains to get mixed up on where the hurt is located. The researchers suggest this outcome relates back to confusion about where exactly feels bad in our bodies-it can be anywhere from the head down low or vice versa depending on how we're standing at any given moment when giving ourselves a potential embrace-but what really matters here? That there seems some truth behind theories claiming self-love improves moods by making individuals feel more confident and happy.

You got your back "When you give yourself a hug, it can help you feel more connected to yourself and less alone. When you wrap your arms around your shoulders in an embrace it also triggers your brain to think of this gesture as social support. It offers many benefits such as promoting feelings of safety and security which is especially important during these times, now that we have realised post-Covid how we need ourselves more than any amenity, person or luxury in the world." added Goldy Nagdev.

Hugs driving self-compassion to new highs While self-criticism can be a helpful motivator in some cases, too much of it can lead to feelings of inadequacy and despair. On the other hand, self-compassion provides a sense of understanding and support during difficult times. As per renowned self-compassion researcher Kristin Neff, PhD, research has shown that self-compassion can lower cortisol levels, improve overall well-being, and even increase mindful acceptance and self-esteem. So the next time you're feeling down on yourself, try giving yourself a hug-you just might find it makes a world of difference.

A hug a day keeps doctors away Who would have thought that a hug a day could keep doctors away? In an interesting study conducted by Dr Sheldon Cohen, Professor of Psychology at Carnegie Mellon University. Some adults were exposed to the common cold virus and monitored for symptoms- but not only did they get sick less often than others before them; those who had received hugging treatments early on in life showed much fewer signs of illness when infected later on.

The University of North Carolina's findings shows that hugging can keep us healthier by increasing white blood cells in the body. It is also believed to help with stress relief, which helps fight off infection!

Hugging it out all the way A warm hug is more than just a gesture of affection. It is also a powerful tool for promoting understanding and reducing judgment. Goldy Nagdev, Managing Director, Hari Darshan Sevashram Pvt. Ltd. said: "When we hug someone, we are physically and emotionally close to them. This proximity encourages communication and positivity. It also helps to reduce the stress hormone cortisol, which can lead to greater feelings of hostility and judgment. The release of the joy hormone oxytocin during a hug also induces feelings of love and compassion, furthering the emotional bond between two people. In short, hugging is a classic expression of empathy that can help us to connect with others and build a more compassionate world." **— IANS**

## MIRRORLIGHTS

### Two out of five adults with ADHD have excellent mental health: Study

A new study has found that two in five adults (42 per cent) with attention deficit hyperactivity disorder (ADHD) were in excellent mental health.

The findings were published in the International Journal of Applied Positive Psychology.

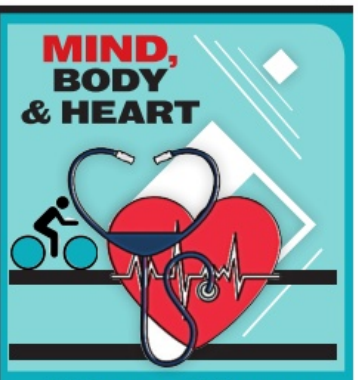
To be considered in excellent mental health, participants had to report: freedom from mental illness in the previous year (i.e., substance use disorders, depression, anxiety, suicidality); almost daily happiness or life satisfaction in the past month; and high levels of social and psychological well-being in the past month.

"This finding provides a very hopeful message for both individuals struggling with ADHD and their loved ones," said lead author Esme Fuller-Thomson, professor at the University of Toronto's Factor-Inwentash Faculty of Social Work and director of the Institute for Life Course and Aging.

"This research marks a paradigm shift. Most previous research, including my own, has focused on mental illness among those with ADHD so to focus on those who are thriving mentally is refreshing and very heartening," added Esme Fuller-Thomson.

Investigators examined a nationally representative sample of 480 respondents with ADHD and 21,099 respondents without ADHD from Statistics Canada's Canadian Community Health Survey-Mental Health.

The study identified several factors that were associated with complete mental health among those with ADHD. Individuals who were free from chronic pain and had no lifetime history of depression or anxiety were more likely to be thriving. **— ANI**




## All problems solved

*Dear Coleen*

**I'm a man in my thirties and I've been having psychotherapy with a female therapist for some time. I started counselling because of a troubled family history, bereavement and failed romantic relationships. I've made a lot of progress, but I've started to have sexual and romantic feelings about my therapist and don't know how to deal with them. I don't want to stop working with her, as I feel comfortable with her and we've done a lot of good work together, but I feel very awkward and also guilty about hiding these feelings from her. Have you any advice?**

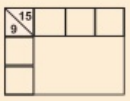
**COLEEN SAYS**

This is actually quite common and has a name - erotic transference. What you're actually doing is bringing past experiences into the relationship with your therapist, but as I think you know, these emotions aren't realistic. You don't say what kind of therapy you're having, but psychotherapy can be very intense. You're seeing your therapist regularly and talking to her about issues you've probably never even revealed to your closest friends. She's probably experienced this before with other patients and she knows why it happens and how to deal with it. The best thing you can do is to be honest with her about these feelings, so you can work through them together and understand them in the context of your therapy. I think it'll be a huge weight lifted when you do admit to her how you've been feeling.

**—Coleen Nolan, Daily Mirror**

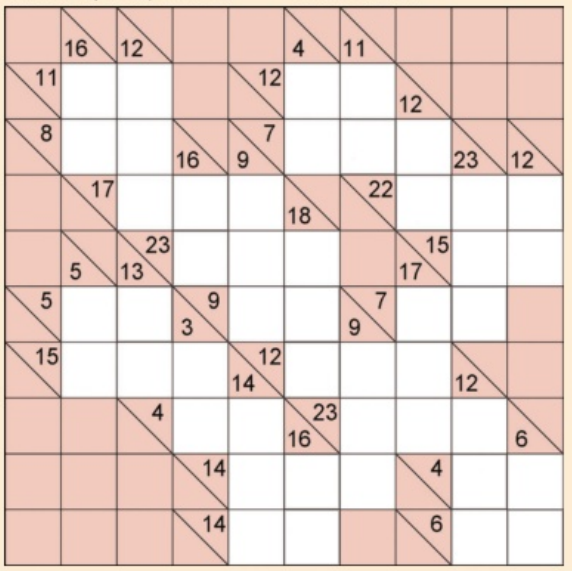
## Kakuro

The numbers in the grey squares refer to the sums of the digits that you must fill into the empty spaces directly below or to the right of the grey square containing the number. For instance, in the given example, the 3 boxes horizontally next to 15 must contain 3 digits that add up to 15, whereas

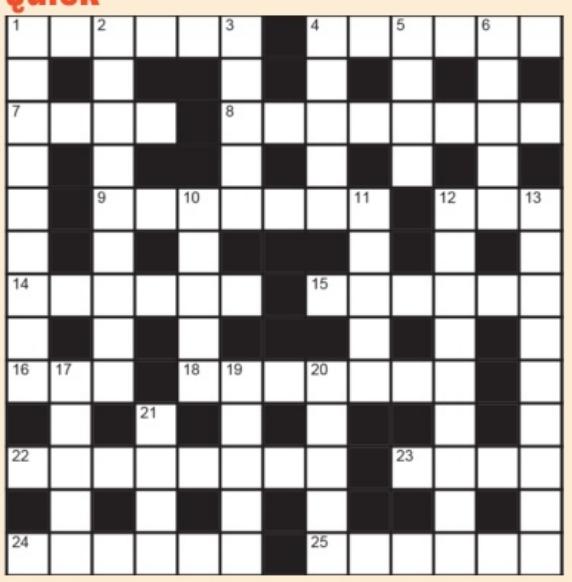



for 9, it is the 2 boxes placed vertically under it that must add up to 9. No zeros are used here, only the digits 1 through 9.

Note: A digit cannot appear more than once in any particular digit combination. For instance, in the example, we cannot have the combination of 4+7+4 for 15.



## Quick



**ACROSS**

1 Fingers and toes (6)
4 Jump or spring suddenly (6)
7 Thailand, formerly (4)
8 Appetizers (8)
9 Locomotives (7)
12 Distress call (3)
14 Vidhyarthi ____ : Dosa place in Gandhi Bazaar (6)
15 Protective case spun by larva (6)
16 The colour of blood (3)
18 Sweet and sticky liquid? (7)
22 Escapee (8)
23 Twist out of shape (4)
24 Is suitable or becomes (6)
25 Maker of suits (6)

**DOWN**

1 Tear limb from limb (9)
2 Cemetery (9)
3 Japanese dish (5)
4 Bright flame or fire (5)
5 Biblical word (4)
6 Unusual item (5)
10 Bestow (5)
11 Patiently enduring person (5)
12 Resist staunchly? (9)
13 Wading bird (9)
17 Habituate, get used to (5)
19 Horse controls (5)
20 Watchful (5)
21 Flightless bird (4)

## Quoteuncode

This puzzle is a substitution cipher in which one letter stands for another. If you think that Q equals C, it will equal C throughout the puzzle. Single letters, short words and words using an apostrophe give you clues to locating vowels. Solution is by trial and error.

**Today's CLUE: N EQUALS G**

BQGCPBN PJ W YWJGU QZ GPRU PZ LQS SJU GCU UEAUI-PUBDU YPJUTL.

## Linemaro

Derrida things language is fluid enough to break up the gender divide, but nothing will split us apart

## Mindchow

Believe that life is worth living and your belief will help make it so

## Joke of the day

For every action, there is a corresponding over-reaction

## Loop

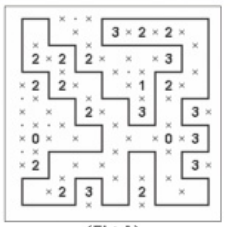
**Rules**

» Connect adjacent dots with vertical or horizontal lines, creating a single loop (Fig A). » Crossovers or branches are not allowed (As shown by dotted lines in Fig B). » Numbers in the puzzle indicate the number of lines that should surround it, while empty cells may be surrounded by any number of lines. » You can't draw lines around zeros. » Each puzzle has just one unique solution.

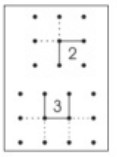
**How to begin:**

Example (Fig A) – Begin with the zero next to 3. Since no lines can be drawn around zero, mark crosses around it, as shown. Now there is a cross in one space around 3. So we know the three lines of 3 can only be drawn in the remaining three spaces. Next, these lines can only be extended in one direction each. Continue, using the same logic.

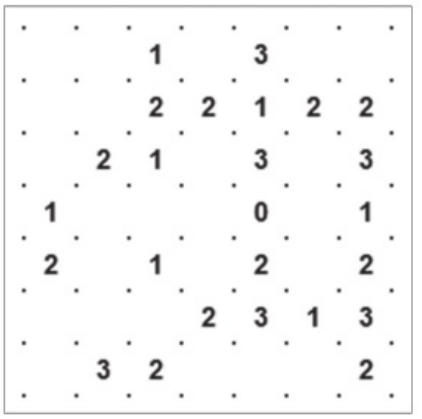
Hints: Keep eliminating possibilities by marking crosses in spaces between dots where a line isn't possible, i.e., if you have already completed required lines or where a line extension may create a branch or cause a dead-end (Fig B)



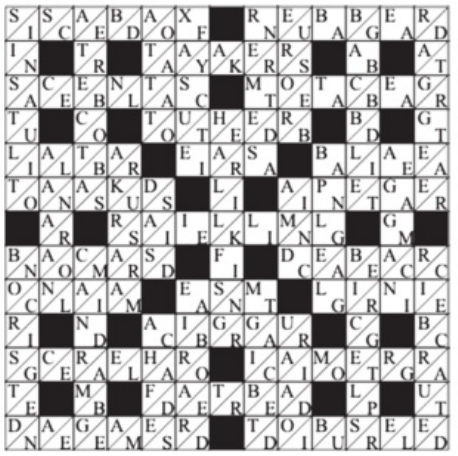
(Fig A)



(Fig B) Not Allowed



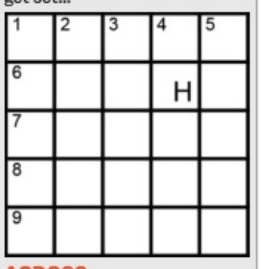
## Strikeout



This crossword has no clues and the answer is there waiting for you. All you have to do is find it in each square. You have a choice of two letters, one of which you must strike out. If you choose correctly, you will be left with a grid that contains real words.

## Fast five

How long do you think it will take you to unscramble the ten words shown below and fit them correctly into the grid in the order given one letter has already been entered to get you started? on your marks, get set...




**ACROSS**

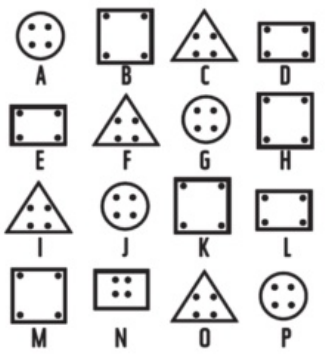
1 Calpe; 6 Ah pal; 7 Naans; 8 Inter; 9 Tacos

**DOWN**

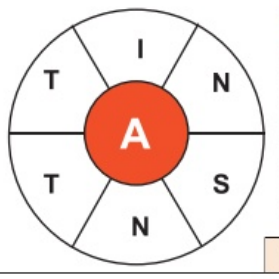
1 In Cap; 2 No all; 3 An ape; 4 Ratch; 5 Asset

## Mensapuzzle

Which one does not agree with its counterparts?




## Bull's eye




How many words of four or more letters can you make from the letters shown? Every word must contain the central letter. There should be one seven-letter word. British English Dictionary is used as a reference.

03 Average; 04 Good; 05 Outstanding

## SudokuChallenge

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| | | | 1 | | 7 | | | |
| 5 | 7 | | 9 | | 6 | | 2 | 8 |
| | | 8 | | | | 1 | | |
| 8 | | | 7 | | 9 | | | 1 |
| | | 7 | | 3 | | 9 | | |
| 3 | | | 6 | | 5 | | | 2 |
| | | 6 | | | | 5 | | |
| 4 | 1 | | 5 | | 8 | | 6 | 9 |
| | | | 2 | | 3 | | | |

To solve a Sudoku puzzle, every digit from one to nine must appear in each of the nine vertical columns, in each of the nine horizontal rows and in each of the nine boxes.

## Gofigure

Place the four numbers in the first, third, fifth, and seventh boxes and whatever operators you care to use in the second, fourth, and sixth boxes in the correct order to get the answer. Use the numbers only once.

**Easy** = 11

4 5 6 8

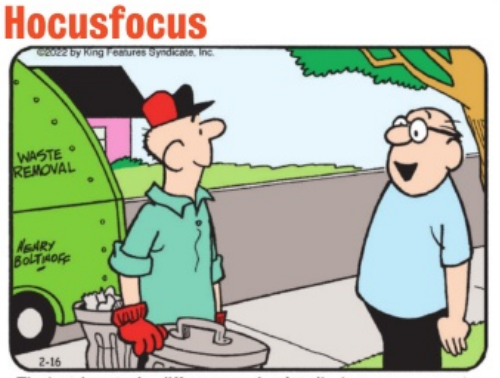
**Medium** = 2

1 3 6 6

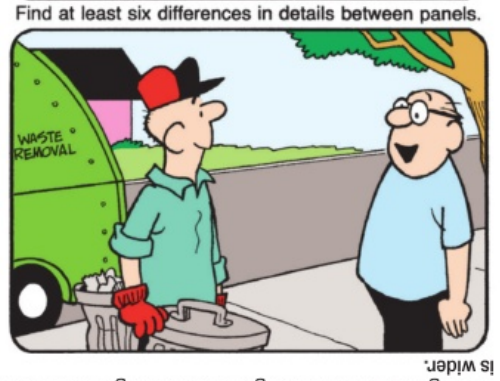
**Hard** = 38

2 8 9 6

## Hocusfocus




Find at least six differences in details between panels.




**Differences:** 1. Wheel is larger. 2. Hat is larger. 3. Window is missing. 4. Button is missing. 5. Sleeve is longer. 6. Sidewalk is wider.

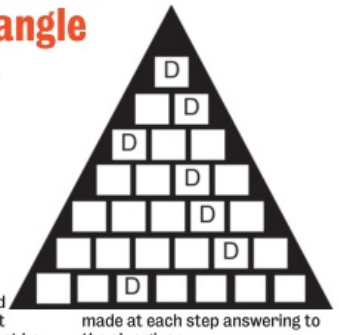
## Riddler

Many of our everyday words have more than one meaning. Below are five pairs of definitions. Both definitions in each pair fit the same word. Can you figure out all five pairs?

1. Illumination or not weighty at all
2. Typewriter type style or the VIP crowd
3. Baby's toy or city square
4. Weapon or upper body appendage
5. Bowling group or three nautical miles

## Alpha triangle

1 Five hundred
2 Short for Edward
3 Domestic retreat
4 Finishes
5 Slyly nasty
6 Within
7 Writes (archaic)




Beginning at the top move towards the bottom seven-letter word by adding a letter at each step and rearranging. A correct and different word must be made at each step answering to the clue given.

DIFFICULT TO SOLVE? FIND THESE SOLUTIONS ON THE NEXT PAGE

# COMICS

## Redeye by Mel Casson

## Bizarrotrip

## Diamond Lil

## Hart of the city

## Crankshaft

I'M CONTACTING THE SCHOOL BUS DRIVERS' ASSOCIATION...
TO SEE WHETHER THEY WANT TO FILE A CLASS ACTION LAWSUIT IF WE DON'T GET A SNOW DAY TOMORROW!
THE SUIT WOULD DEFINITELY SHOW ACTION, BUT...

## Mutts

# WHAT YOUR STARS SAY TODAY

**Aries** Mar 21 – Apr 20
You may plan to renovate your house and buy artefacts or creative stuff to boost your social status. You may invest in properties and other assets. You are likely to enjoy romantic moments with your spouse, which will boost emotional intimacy in your relationship. Singles may find their soulmate. Lovebirds may make important decisions in terms of marriage.

**Taurus** Apr 21 – May 20
You may feel happy. Chronic health issues related to family members will not be cured. Money which was stuck, may get recovered now and boost liquidity in business. Those with jobs may get some incentives which will improve their financial health. Job seekers may find jobs with the help of a relative or friend's reference. Students may take help from friends in academics.

**Gemini** May 21 – Jun 21
Today is important for your domestic life. You may be busy with kids and may hear some good news in terms of their education. You may buy creative stuff for your home or office to maintain your social status. You are advised to use your wisdom while buying household stuff or jewellery.

**Cancer** Jun 22 – July 23
Today, you may be impatient. This may reflect in your way of working. Silly mistakes may prevent completion of tasks. Investments in fixed assets must be postponed for a few days. Elders' blessings may help overcome messy situations. By the evening you may become focused on your work.

**Leo** Jul 24 – Aug 23
Today, you are blessed by the moon. Destiny will side with you too. You may be more energetic and focused on your work. Hard work may pay off with success. Juniors may help you. You may travel a little for work. You hear good news from your sibling. You may plan to renovate your house or office and your creativity will be tested.

**Virgo** Aug 24 – Sep 23
You may be able to control your expenditure on worthless things. This may boost your savings. You may be more creative today and use your creativity at your office or home, and enhance your social status too. Love birds may get some support from their family members and friends regarding marriage.

**Libra** Sep 24 – Oct 22
You'll overcome messy situations today and gain peace. You may be able to find a proper balance between expenditures and earnings and boost your savings. Avoid travelling or working excessively or it may affect your health. Students may start planning for their higher studies. Love birds may enjoy happy moments.

**Scorpio** Oct 23 – Nov 22
Today, you may face health issues, which may make you impatient. You are advised to control your short tempered instincts. You may spend hard-earned money on worthless stuff and this may affect your savings. Love birds must avoid discussions on worthless topics or they may break up.

**Sagittarius** Nov 23 – Dec 22
Today, you may meet an influential person who may help you with work. Your network will become stronger with the help of that person. You may prepare yourself to implement new ideas at work or for your business. You will plan to invest more capital into your business. This may bring financial gains in the near future. In terms of domestic life, you will be busy with family and socially.

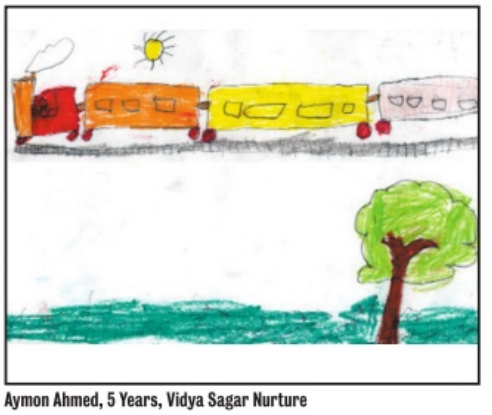
**Capricorn** Dec 23 – Jan 20
Your mother's health will be well and you may enjoy work. You may get rewards for your hard work. Your esteem in society may increase too. Overworking may tire you and get in the way of your time with your family.

**Aquarius** Jan 21 – Feb 19
You may be satisfied at work and may plan a short work-related trip. You may also visit a religious place to maintain inner peace. Your gurus may show you the right path, which may bring you clarity regarding your goals.

**Pisces** Feb 20 – Mar 20
Today, you may feel dull. Keep your cool. Think twice before taking any actions. You may travel to recover money. Do it now or you may lose it forever. You are also advised to avoid adventurous tours. Students are advised to study in depth to get success.

## KIDZONE

Arya K Prasannan, 10 Years, Bengaluru



Aymon Ahmed, 5 Years, Vidya Sagar Nurture

Kidzone, Bangalore Mirror, No.4, KSCCF Compound, Pampa Maha Kavi Road, Chamrajpet, Bengaluru 560 018; Please send hard copies of your artwork in A4 size only.

# SOLUTIONS

**SOLVE IN 1M**
√(12×3√(81))
√(12×3×9))
3√(12×3))
3√(4×3×3))
3×2√(9))
5.League
2×3
6×3
18

**BULL'S EYE**
INSTANT, saint, satin, stain, taint

**FAST FIVE**

| | | | | |
|---|---|---|---|---|
| P | L | A | C | E |
| A | L | P | H | A |
| N | A | N | A | S |
| I | N | E | R | T |
| C | O | A | T | S |

**RIDDLER**
1. Light,
2. Elite,
3. Block,
4. Arm,
5. League

**STRIKE OUT**

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| I | C | E | B | O | X | R | U | B | B | E | D | | | |
| N | R | T | Y | K | E | S | A | A | | | | | | |
| S | C | E | N | T | S | T | E | A | B | A | G | | | |
| U | C | O | T | H | E | R | B | G | | | | | | |
| L | A | T | A | I | A | S | A | L | E | E | | | | |
| T | A | S | K | S | I | A | N | E | A | R | | | | |
| R | R | A | I | L | I | N | G | G | | | | | | |
| O | N | M | A | D | I | D | E | B | A | R | | | | |
| N | O | M | A | N | T | L | I | N | E | | | | | |
| I | D | C | I | G | A | R | C | B | | | | | | |
| S | C | A | L | A | R | C | A | M | E | R | A | | | |
| E | M | F | E | T | E | D | P | T | | | | | | |
| D | E | E | M | E | D | T | O | U | S | L | E | | | |

**QUICK**

| | | | | | | | | | | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| B | E | F | I | T | S | | T | A | I | L | O | R | | |
| R | | W | | N | | R | | L | | E | | | | |
| F | U | G | I | T | I | V | E | W | A | R | P | | | |
| N | | K | | E | | L | | W | | I | | | | |
| R | E | D | | T | R | E | A | C | L | E | P | | | |
| E | | R | | N | | I | | N | | D | | | | |
| B | H | A | V | A | N | | C | O | C | O | O | N | | |
| M | | Y | | R | | T | | T | | A | | | | |
| E | N | G | I | N | E | S | | S | O | S | | | | |
| M | | V | | H | | Z | O | | I | | | | | |
| S | I | A | M | | S | T | A | R | T | E | R | S | | |
| I | | R | | U | | L | | N | | U | | | | |
| D | I | G | I | T | S | | B | O | U | N | C | E | | |

**MENSA PUZZLE**
N. The dots in the rectangle are too close together as compared with those in the other rectangles – D, E and L.

**QUOTE UNCODE**
Nothing is a waste of time if you use the experience wisely.

**SUDOKU**

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 9 | 3 | 2 | 1 | 8 | 7 | 6 | 4 | 5 |
| 5 | 7 | 1 | 9 | 4 | 6 | 3 | 2 | 8 |
| 6 | 4 | 8 | 3 | 5 | 2 | 1 | 9 | 7 |
| 8 | 6 | 5 | 7 | 2 | 9 | 4 | 3 | 1 |
| 1 | 2 | 7 | 8 | 3 | 4 | 9 | 5 | 6 |
| 3 | 9 | 4 | 6 | 1 | 5 | 7 | 8 | 2 |
| 2 | 8 | 6 | 4 | 9 | 1 | 5 | 7 | 3 |
| 4 | 1 | 3 | 5 | 7 | 8 | 2 | 6 | 9 |
| 7 | 5 | 9 | 2 | 6 | 3 | 8 | 1 | 4 |

**ALPHA TRIANGLE**
D, Ed, Den, Ends, Snide, Inside, Indites.

**GO FIGURE**
Easy
4 + 5 + 8 – 6 = 11
Medium
3 + 6 – 1 – 6 = 2
Hard
9 + 6 x 2 + 8 = 38

**LOOP**

**KAKURO**

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**The Archies hits the floor**

Zoya Akhtar has started filming 'The Archies', which will mark the debut of Shah Rukh Khan's daughter Suhana Khan, Amitabh Bachchan's grandson Agastya Nanda, and Boney Kapoor and Sridevi's daughter Khushi Kapoor

BangaloreMirror | 12
Tuesday, April 19, 2022
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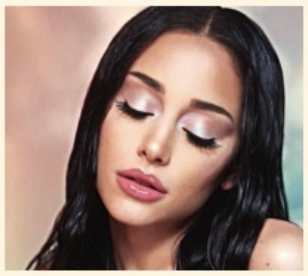
# Dreams do come true

## From marrying your crush to landing a superhero role — all is possible

Marrying your crush or landing a role as your favourite superhero may be just out of reach for the rest of us, but for these lucky stars, life came full circle. From Alia Bhatt manifesting her marriage to Ranbir Kapoor to Tom Holland predicting his superhero turn long before it happened, we've compiled a list of stars who manifested their dreams into reality.

### Tom Holland

Did you know that Tom Holland manifested his turn as Spider-Man, in 2013, three years before he actually got into his Spidey suit? Speaking to the press during a 2013 awards show, the then 17-year-old was asked what kind of superhero he would want to play. With surprising accuracy, he said he would like to play Spider-Man in a 'reboot of the reboot'. The actor first swung into action in 'Captain America: Civil War', and got his own trilogy, and is now set to play a major role in the future of the MCU.



### Ariana Grande

Singer Ariana Grande, who bagged the lead role in the upcoming 'Wicked' musical, had been manifesting her dream role for a decade. The actress tweeted about her desire to play Glinda after watching the Tony-winning musical in 2011. Last November, the actress was ecstatic to announce that she will star alongside Cynthia Erivo in the big-screen adaptation.

### Simu Liu

Marvel's 'Shang-Chi and the Legend of the Ten Rings' star Simu Liu had the perfect post to keep up with the 'How It Started vs How It's Going' trend. The actor shared his tweet from 2018 that read, "Ok @Marvel, are we gonna talk or what #ShangChi." Fast forward a couple of years and the actor is now the first Asian Marvel superhero in his standalone film.

### Antony Mackie

Life came full circle for Antony Mackie when his 2014 tweet manifesting an African-American Captain America came true with him assuming the role in the hit series 'Falcon and The Winter Soldier'. The actor, best known for his part as Sam Wilson, aka Falcon, picked up his shield and took the mantle from Christ Evans' Steve Rogers.

### Alia Bhatt

Alia Bhatt made no secret about her admiration for beau Ranbir Kapoor. The actress took the plunge with her prince charming on April 14, in an intimate wedding ceremony, attended by family and close friends. Interestingly, it was a little under a decade ago when the actress first professed her love for Ranbir on Karan Johar's chat show. Back in April 2014, the actress stumped viewers when she expressed her desire to marry Kapoor, even though he was in a relationship with Katrina Kaif at the time. Call it destiny or fate, but this beauty got her happily ever after.

## Karisma in Brown

Actor Karisma Kapoor is set to feature in "Brown", a project directed by Abhinay Deo of "Delhi Belly" fame. Backed by Zee Studios, "Brown" is based on the book "City of Death" by Abheek Barua.

The makers are yet to specify whether the project is a feature film or a web series. Billed as a neo noir crime drama set in the bustling city of Kolkata, "Brown" also stars Surya Sharma. Kapoor, who plays the lead as a detective in the project, said she is looking forward to essaying a "fiercely strong character in an intriguing story". "Brown is the kind of storytelling that is not just exciting but also challenging for any actor and that is exactly what attracted me to take the part up... I can't wait to begin shooting," the actor said in a statement. Deo said the project is a character study that hasn't been seen before. "'Brown' is a well-crafted story that gives me a chance to delve deeper into the human psyche and relationships," he said. "We've always taken pride in stories that have a global appeal," added Shariq Patel, Zee Studios.

—PTI

## Sam has tattoo tip for her younger self

With actors and actresses catching up with their fans through exciting online chats, the 'Kaathuvaakula Rendu Kaadhal' actress Samantha had her #AskMeAnything session on social media on Sunday.

We all know that Samantha has been very vocal and bold about her relationship with Tollywood star Naga Chaitanya. The couple split after a few years of marriage over differences. Samantha reportedly has a tattoo imprinted on her body related to Naga Chaitanya and the ex-couple also have matching symbol tattoos.

and when a fan asked her opinion on tattoos and added that he would like to listen to her idea, the actress reacting to it stated in the video that, "You know the one thing I would tell my younger self is never ever get a tattoo. Never. Never ever. Ever, get a tattoo."

The actress has three tattoos in relation to her ex-husband. She has Naga Chaitanya's nickname 'Chai' imprinted on her ribs; she also has the tattoo 'YMC' written in short for the film 'Ye Maya Chesave' and the couple tattoo which means to 'create your own reality.'

The actress has recently completed the shooting for her films and finished dubbing for the film 'Shakuntalam' and 'Kaathuvaakula Rendu Kaadhal'. She is also awaiting the release of the film 'Yashoda'.

—ETimes